

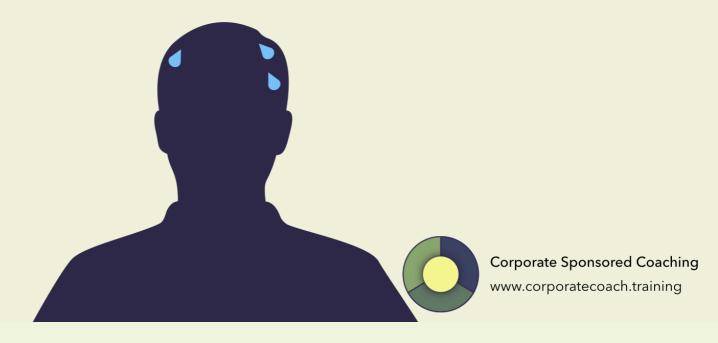
Interviews and Assessments

Importance of Nervous State Coaching



Nervous State Coaching

The normal, and valuable experience of being nervous during a coaching session.



Nervous State Recovery Process

1. Be Aware of Your "Tells"

2. Allow for Breath and Reflection

3. Refocus the Coaching Process

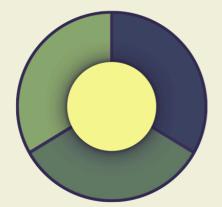
4. Debrief with Yourself



Practice Nervousness!

- 1. Record Sessions
- 2. Practice in a (New) Triad
- 3. Practice Triads with Video on
- 4. Collect Session Reflections





Interviews and Assessments

Coaching Interviews



Coaching Interviews

Making the Business Case for Partnership





Show Your Coaching



- 1. Be ready for coach demonstrations.
- Be ready to embrace performing your work as coach in the "Nervous State."
- 3. Be flexible, but stay true to the competencies of coaching.



Tell Your Coaching



- Be ready for interviews and open questionnaires.
- Tell a compelling story of how your skills, vision and values align.



Prove Your Coaching Mindset



- Be ready for Coach Knowledge Assessment style questions.
- Be ready to prove your abilities with training certificates and coaching credentials.

